

Lovely by skin institute

What are Antiwrinkle injections and how do they work?

Antiwrinkle injections contain an ingredient called Botulinum Toxin which is a **natural, purified protein** that works by blocking the signal from the nerve to the muscles. As the underlying muscle can no longer tighten and contract as forcefully, you are left with **smoother and less wrinkled** overlying skin. At Lovely by Skin we offer two different brands of Antiwrinkle injections (both containing the same active ingredient) called Dysport® and Botox®. It takes around 1-3 days to start working and 2 weeks to reach its' full effect. Generally, a full dose lasts 3-4 months but can wear off more quickly if a lighter dose is used for a very natural effect.

At Lovely by Skin we offer a **personalised consultation** where your skilled nurse will help you to choose a brand of Antiwrinkle injection and customise your treatment in order to help you to achieve a **natural look** which will highlight the **warmth** in your face as well as retaining **character** and **expression**.

What areas can be treated?

- Forehead lines
- Frown lines
- Crow's Feet
- Bunny lines
- Brow lift
- Masseter muscles
- Mentalis
- Platysmal bands
- DAOs
- Gummy smile/
Vertical lip lines

What are the possible side effects?

You may show **redness, swelling, bruising** or **tenderness** at the injection site for 24 hours post treatment.

A headache on the day of your treatment or more rarely a **prolonged headache, flu-like symptoms, pain, itching,** or **pins and needles** at the injection site – These are normal side effects, however please call the clinic if you are concerned.

Botulinum Toxin has been used for many years in appearance medicine for cosmetic purposes and are considered quite safe. **Rarely**, small amounts of your botulinum toxin can migrate into nearby muscles – this can cause **unwanted muscle weakness** which manifests differently depending on the area which has been treated. It's important to note that this is uncommon, always temporary and wears off over 2-8 weeks. Your nurse will discuss this in relation to your treatment during your consultation.

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PRIOR to Anti-Wrinkle Injections

- Let your Nurse know if your medical history has changed, or if you have changed / taken a new medication or started taking herbal supplements.
- Avoid consuming alcohol for 24 hours pre and post treatment.
- Cleanse your face as normal and wear makeup as desired.

POST Anti-Wrinkle Injections

- Your skin may show Redness and Swelling at the injection site for 24 hours post treatment.
- You must stay up right for 4 hours post treatment.
- Bruising at the injection site can be a common side effect of this treatment.
- There is a small chance you will experience headaches, pain, itching or a feeling of pins & needles at the injection point. These are normal side effects, however please call the Clinic if you are concerned. Generally, these are temporary and can last up to a week.
- Avoid alcohol, exercise, swimming and heat (hot tubs, saunas etc) or anything that makes your face flushed and hot for 24 hours following the treatment (this will help to reduce bruising).
- Avoid products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic/Salicylic acids, Astringents, etc.) for 24 hours post-treatment.
- Do not apply pressure to treatment area for a few days.
- Do not have any skin treatments or massage in the area for 2 weeks post treatment.
- Do not have any brow waxing or tattooing for 2 weeks post treatment.
- It can take up to 2 weeks for the full effect of the anti-wrinkle injections to be noticed.
- For best results follow your home care regimen as instructed by your Specialist.

A follow up appointment in 2-3 weeks with your nurse is strongly recommended in order to review your results and assess any required 'top-up' treatment units.

BOTOX® is a Prescription Medicine containing 100 units of botulinum toxin type A for injection. It is used for the treatment of frown lines, forehead lines and crow's feet. It should be administered only by trained medical professionals. Ask your specialist about the benefits and risks of using Botox and whether Botox is right for you. If you have any side effects or concerns speak to your health professional. You will need to pay for Botox. Botox has benefits and risks. Always follow your specialist's instructions. For more information refer to the Consumer Medicine Information for Botox at www.medsafe.govt.nz
BOTOX® is a registered trademark of Allergan, Inc. Allergan New Zealand Ltd, PO Box 1873, Shortland Street, Auckland 1140, New Zealand.

Dysport® Disclaimer. You will need to pay for this medicine and the doctor's consultation. Dysport® treatment lasts about four months and after this time further courses of treatment may be necessary. Discuss with your specialist if Dysport® is right for you. Dysport® is a Prescription Medicine containing 500 units of Clostridium botulinum Type A toxin-haemagglutinin complex for injection. It is used for the treatment of severe frown lines. It should be administered only by trained medical professionals. Talk to your specialist about the benefits/risks of this procedure in appearance medicine. Cautions: Presence of infection at site of injection and glaucoma. Dysport® should only be used with caution under close supervision in patients with subclinical or clinical evidence of marked defective neuro-muscular transmission. Teratology and other reproductive studies have not been performed and Dysport's safety in pregnancy and lactation has not been established. Possible side effects include headaches, pain, burning or redness at injection site, local muscle weakness including drooping eye lids, lack of feeling and nausea. If you have side effects or concerns speak to your doctor. Distributed by Healthcare Logistics, Auckland.
Lovely by skin institute, Auckland

If you have any questions, or experience any other side effects from the treatment not listed on this page, please contact us on
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