

## PRIOR to Laser Rejuvenation Treatment

- Do not use melanin injections or have a spray tan 14 days prior to your treatment
- Avoid sun exposure for 4 weeks prior to treatment
- Let your therapist know of any changes in your medical condition/ medication/supplements
- Do not have treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc)
- Discontinue use of products containing Vitamin A 24 hours prior to treatment
- Discontinue use of topical prescription Vitamin A 14 days prior to treatment
- Do not have any Anti-Wrinkle Injections in the treatments area for 2 weeks
- Do not have any Dermal Filler Injections in the treatment area for 4 weeks
- History of Herpes/Cold sores may require an anti-viral prescription prior to treatment
- **MALES:** Shave the area 24 hours prior to treatment. Not doing so may result in irritation or prevent you from having treatment in the area

## POST Laser Rejuvenation Treatment

- Redness and swelling may occur, this will resolve normally within one day
- A hive-like bug-bite look may occur, usually resolves in 1-2 days
- Avoid heat/hot tubs/saunas for 48 hours
- Avoid products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic/Salicylic Acids, Astringents for 3 days post-treatment
- Your skin will be more sensitive to the sun. Use a broad spectrum (UVA/UVB) sunscreen of a minimum of SPF 30+ daily
- Follow your skin care regimen as directed by your therapist, this will enhance your results

If you have any questions, or experience any other side effects from the treatment not listed on this page, please contact us on  
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