

PRIOR to Laser for Pigmentation Treatment

- Do not use melanin injections or have a spray tan 14 days prior to treatment
- Avoid sun exposure for 4 weeks prior to treatment
- Let your therapist know of any changes in your medical history, medications and/ or supplements
- Do not have treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc)
- Discontinue use of products containing Vitamin A 24 hours prior to treatment
- Discontinue use of topical prescription Vitamin A 14 days prior to treatment
- Do not have any Anti-Wrinkle Injections in the treatments area for 2 weeks
- Do not have any Dermal Filler Injections in the treatment area for 4 weeks
- History of herpes/cold sores may require an anti-viral prescription prior to treatment
- **MALES:** Shave the area 24 hours prior to treatment. Not doing so may result in irritation or prevent you from having treatment in the area

POST Laser Pigmentation treatment

- Redness and swelling may occur, this will normally resolve within one day
- Treated pigment will often turn darker and may go crusty within 24-48 hours
- Do not pick at treated areas, allow this to slough off naturally
- Treated pigment will exfoliate off the face in approximately 1 week
- Treated pigment will exfoliate off the body in approximately 2-3 weeks
- Skin can feel itchy, do not scratch the skin. Soothe the area with a cool compress and re apply Post Laser Gel regularly for the first 48 hours post treatment. You may take an antihistamine if required
- Avoid heat (hot tubs, saunas, etc.) for 48 hours
- Avoid products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic/Salicylic Acids, Astringents for 5 days post-treatment
- Your skin will be more sensitive to the sun. Use a broad spectrum (UVA/UVB) sunscreen of a minimum of SPF 30+ daily
- Follow your skin regimen as directed by your therapist. Using a pigment inhibiting serum pre & post treatment is often key to longevity or results

If you have any questions, or experience any other side effects from the treatment not listed on this page, please contact us on
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